



Saffron Striders Present  
**SAFFRON WALDEN 10K ON TOUR**  
 From  
**Newport Free Grammar School**  
*Newport Essex CB11 3TR*  
**SUNDAY SEPTEMBER 25th 2011**  
**START 10:30am**

Multi-terrain event under UK Athletic Rules - Race Permit 2011- 102429

90% off road on good paths

Ample off-road parking \* Shower and changing facilities \* Refreshments

**Entry Fees**

£10 affiliated. £12 unattached £2 extra on the day (by 10.00am).

**Race Limit 400**

Closing date for postal entries Friday 16th September 2011

**Trophies To**

1st Three Males & Females - 1st Male & Female 40+, 50+, 60+,70+

1st Team - Best age related performance (WVA)

*(One trophy per competitor, except team and WVA)*

**T-shirt to all 10k finishers**

**For the under sixteens**

3k fun run on the school playing fields

**Starts 11:30am**

Trophies to first boy and girl over 11 years  
 and first boy and girl 11 years and under

**Entry Fee £3**

Entry forms available at Lord Butler Leisure Centre,  
 Saffron Sports and saffronstriders.org.uk

*Saffron Striders are indebted to our sponsors*

**Chesterford Research Park ♦ Holroyd Components**  
**Iceni Water ♦ Kevin Henry Estate Agents ♦ UK Tapes**

Check if race limit reached: 01799 510968 or look on the web site

**[www.saffronstriders.org.uk](http://www.saffronstriders.org.uk)**



**ENTRY FORM**

NAME .....

ADDRESS .....

POSTCODE ..... PHONE No .....

*Must have for Age and Gender Classification*

AGE ON RACE DAY

--	--

GENDER

--	--

**Minimum 16 years**

F M

AFFILIATED CLUB NAME .....

Club **MUST** be affiliated to UK Athletics Licence No.....

**TEAM ENTRY (Sorry not open to running or athletic clubs)**

Teams may be any mix of male and female entrants, first 4 finishers counting.

Team positions are calculated on the age-related performance (WVA) of the runners

**No team entries on the day**

TEAM NAME.....

I understand the organisers of the Saffron Walden 10k race will not be liable for any loss or injury, directly or indirectly caused by, or resulting from participating in the race.

I enclose the entry fee of £10 affiliated £12 unattached (£2 extra on the day by 10am).

Cheques made payable to SAFFRON STRIDERS

Signed..... Date.....

PLEASE DETACH AND SEND THE COMPLETED ENTRY FORM WITH

**PAYMENT AND A STAMPED ADDRESSED ENVELOPE (9 X 6ins) TO:**

**Saffron Striders 38b Faircroft Rd Saffron Walden CB10 1LZ**

**Please**

**do use 9in x 6in envelopes for your return number and make sure your entry one is correctly stamped.**

**Envelopes underpaid will not be collected from the Post Office**

Official use only
Race No. Issued:
Team Number:
Amount Paid: