

## **RULES OF SAFFRON STRIDERS RUNNING CLUB**

### **1. Title**

The name of the club is Saffron Striders Running Club.

### **2. Headquarters**

The headquarters of the club is at The Lord Butler Leisure Centre, Peaslands Road, Saffron, Walden, Essex, CB11 3EG.

### **3. Object**

The object of the club is to promote Amateur Athletics in the form of running.

### **4. Management**

The management of the club is vested in a committee consisting of a Chairman, Secretary, Treasurer, Publicity Officer, Social Secretary, Kit Officer, Membership Secretary, Race Coordinator and IT Support Officer. The officers are elected annually. Two thirds of the committee are required to form a quorum.

### **5. Membership**

Minimum age for membership of the club is 16 years and is confined to amateurs. A candidate for Membership must apply in writing on a form provided for the purpose, and be proposed by one Member and seconded by another Member.

### **6. Resignation**

A member intending to withdraw from the Club shall give notice in writing to the Secretary, and their Membership terminates on the day of that notice unless he/she is financially indebted to the Club, in which case the Committee may withhold acceptance of the resignation until he/she has discharged his/her liability.

### **7. Subscription**

The Annual Subscription of the Club is as defined and agreed at the Annual General Meeting plus any insurance payable on election and subsequently on the 1st April in each year. All club members are registered with England Athletics, the governing body for Athletics in England, and are so able to compete as an Attached Runner in any competition organised under UK: Athletics rules. Any member whose subscription is six months in arrears will be excluded from the club.

For issues of discipline and grievance, the club shall follow the process set out by England Athletics in which any matters are first dealt with by the Committee, with recourse to Region, England and finally UK: Athletics if necessary. The Committee shall notify England Athletics in writing of any member who has been disqualified from the club.

### **8. Annual General Meeting**

A General Meeting shall be held during the month of December in every year to receive the Committee's report and financial statement, elect Officers and Committee and deal with any other matter specified on the agenda. The Secretary must give every Member 21 days notice of the Meeting, and notice of any business which it is desired to place on the agenda, must be given in writing to the secretary at least 14 days before the meeting.

### **9. Special General Meeting**

The Secretary must call a Special General Meeting within 14 days of the receipt by him/her of a requisition in writing signed by ten Members of the Club, stating the business to be brought before such a meeting.

### **10. Changes to Club Rules or Constitution**

The committee has the authority to change the rules or constitution of Saffron Striders RC at any time during the club year. Club members will be notified at least 7 days in advance of the new or amended rule(s) or constitution taking effect. The committee will present any revisions made to the rule(s) or constitution during the club year at the next AGM for full ratification.