

Dist from start km	4.5km XC Route instructions
	Starting point is at two wooden gateposts, supporting a 5 barred gate that is always open. This point is about 0.43km from parking area (limited spaces) opposite airfield entrance
0.00	Start down gravelled road from gateposts into woods, bearing right as road splits
	Looking ahead for when gravelled road start to bend left, for a mud path to the right
0.36	TR onto mud path. Continue straight
0.59	come out of woods and turn sharp left onto grass path with woods on your left and open field on your right, slight downhill
0.75	cross hedge line and continue straight
0.90	Landmark - small bench on your left to have a rest on if you need it already
0.94	cross hedge line and continue forward with woods on your left
0.99	TL keeping woods on your left, FP sign on the turn
	continue on grass path with open field on your right, almost to woods at far end of path
1.32	TL over footbridge with handrail, then immediately
1.33	TR onto wide ish mud path. Continue on this path
1.51	arrive at gravelled road and TL on road. You are staying on this road only for about 180m
	Look out for an FP sign on right side of road and opposite the sign a mud path on left side of road. Do not turn off until you see the FP sign
1.69	Landmark - FP sign on right side of gravelled road
1.69	TL down grass mud path, over small ditch and follow grass /mud path through woods
2.01	Looking ahead you will see the central junction coming closer. About 10 m before reaching the gravelled road
2.02	TR sharply, almost a U turn to the right. The path you are on has twin tracks, like a tractor path at the start
	Follow this straight track until you arrive a gravelled road once again.
2.58	TR onto gravelled road, but only for about 10m
2.61	TL into grass / mud path leading into wooded area
	Follow winding path until
2.81	Steps down into ditch, go up ditch other side into field and TL on grass path beside open field
	Keeping trees on left and open field on your right, slight downhill
	Landmark - at about 2 o'clock see white painted cottage with terracotta roof
	Continue along grass path by open field to far end where there is T jn as the hedge line is in front of you
3.11	TL into woods on mud path
	Path will wind a little but not too much
3.35	Arrive at gravelled road, continue straight on road
3.74	Arrive at central junction in woods, continue straight over onto mud / grass path Do not follow the gravelled road
	Landmark - just as you join the new mud / grass path, there is a pond on your left
	Continue straight
4.1	Arrive at gravelled road and TR onto road, do not go straight over to next mud path
4.48	Finish

