


You can fill in this form on your computer by first saving it to your computer, then typing in your details and saving it again. Please then send the saved copy as an attachment on your email to membership@saffronstriders.org.uk. We are unable to accept paper copies.

Section A : Athlete Details (Print please). For completion by the Athlete

First name					Surname				M or F		
Address					Postcode	DOB	dd	mm	yyyy		
email*					Preferred phone no						

*An email address is **mandatory**

I am a new member

OR

I am a renewing member

Members must be 16 or over on date of joining

If you are already a member of another England Athletics Registered Club and wish to register with Saffron Striders as a second claim member, please give the name of the first claim club here and your URN

First claim club:		URN:	
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(note: Second claim members retain their England Athletics registration with their first claim club and the Saffron Striders membership Fee is reduced, see fee section.)

Section B : If Athlete is over 16 but under 18 , Parent or Carer Details (for completion by the Parent or Carer)

First name	of parent/carer		Surname	of parent/carer		Phone	
Address	of parent/carer		Postcode		email*		
Signature	of parent/carer						

Section C: Medical information and or additional support needs. For completion by all Athletes

Please note below any physical or mental medical information that we should be aware of that may affect you when running (e.g. epilepsy, asthma, diabetes, allergies, heart problems, joint problems, blood pressure, anxiety, ongoing injuries etc). Also please note here any issues that may make you less able and in need of additional support (e.g. impaired vision, loss of digits etc). This information may be shared if an accident or incident occurs that requires assistance. **Do NOT leave blank**, write **NONE** if that is the case. If you require medication, such as for asthma, you should always bring it to club events

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Do not leave blank. Please write **NONE** if that is the case

By submitting this form or emailing it to the club I agree that SSRC will not be liable for any injury or illness resulting from my participation in any club activity or event. I understand that participation in this club is entirely at my own risk and I should consult my own doctor if I am suffering from any condition that might make running injurious to my health. I understand that it is for me to decide whether or not I am fit to run and I should not expect a coach or club member to make this decision for me, though they may offer advice. I consent that the medical and support information that I have given may be shared with coaches and other parties who provide the club with assistance and information on health and safety or for the purposes of the delivery of my safe participation in club activity.

Section D: Emergency Contact details for completion by the Athlete

Please complete the boxes below with details of who should be contacted in case of incident/accident

Name (Print)	Phone number (Just one)

Section E: Membership Fee Schedule for year April 2022 to March 2023

We do not want to handle any cash or cheques and we request that you pay electronically please. When we get your membership application form we will arrange for England Athletics to email you with instructions on how to pay by card.

Our fees have to increase to £40 to cover more of our costs. Your committee is also offering the option to those who find £40 a struggle, no questions asked, to pay a reduced fee of £25**. If £25 is still a bit too much for you, please do approach our Welfare Officers for help, see below *. We do not disclose the fee each member has paid. Of the amount you pay to the club, the club then pays about £16 plus fees for every member to England Athletics at all times of the year, the balance going to our Club.

Existing members renewal any age	New member joining between April 2022 and Sept 2022	New member joining between Oct 2022 and Nov 2022	New member joining between Dec 2022 and March 2023	Second Claim member renewing/joining anytime up to March 2022	**Renew existing first claim membership any age, supported fee
£40	£40	£28	£20	£23	£25

Please mark one box only. This is not an application form for our Beginners course. All payments are non-refundable

* If you having difficulty in your membership fee, kit or race entry fees, would you like to be contacted confidentially by a Club Welfare Officer to see if help is available from our Bursary Fund? If so please put a cross in this box. Alternatively email welfarefemale@saffronstriders.org.uk or welfaremale@saffronstriders.org.uk

Section F: Agreement. To be signed by all Athletes (or typed if emailing)

By submitting this form I agree that I will abide by Club Constitution and Rules which can be found on the SSRC website. Also I confirm that I have read and agree to The Code of Conduct for Athletes, Privacy Statement, Insurance Statement and Photography statement supplied to me on a separate document. If I do not have that document I can request one from membership@saffronstriders.org.uk

Signature of Athlete	Please type your name in the 'Signature' boxes, there is no need to scan a real signature	Date

All applicants should email your completed form as an attachment to membership@saffronstriders.org.uk

After completing your form please remember to save it before sending the saved copy as an attachment to your email (to avoid sending a blank). Thanks!