



Please download and save down this form, complete your details and save again.

Please send the completed form as an attachment via email to membership@saffronstriders.org.uk. We are unable to accept paper copies.

Members must be 16 or over on date of joining

Section A : Mandatory Athlete Details - Please complete all fields (for completion by the Athlete)

| | | | | | |
|------------|--|-----------|----------|----------------|------------|
| First Name | | Last Name | | Male or Female | M/F |
| Address | | | Postcode | Date of Birth | dd/mm/yyyy |
| Phone | | | Email | | |

I am a new member OR I am a renewing member

If you are already a member of another England Athletics Registered Club and wish to register with Saffron Striders as a second claim member, please give the name of the first claim club here and your URN

| | | | |
|------------------|--|-----|--|
| First Claim Club | | URN | |
|------------------|--|-----|--|

(Note: Second claim members retain their England Athletics registration with their first claim club and the Saffron Striders membershipfee is reduced, see fee section)

Section B : Only complete if Athlete is over 16 but under 18. Parent or Carer Details (for completion by the Parent or Carer)

| | | | | | |
|------------|------------------|-----------|------------------|-------|------------------|
| First Name | of parent/carers | Last Name | of parent/carers | Phone | of parent/carers |
| Address | of parent/carers | | Postcode | Email | of parent/carers |

| | |
|-----------|------------------|
| Signature | of parent/carers |
|-----------|------------------|

Section C: Mandatory Medical Information and or Additional Support Needs - Please complete all fields (for completion by the Athlete)

Please note below any physical or mental medical information that we should be aware of that may affect you when running (e.g. epilepsy, asthma, diabetes, allergies, heart problems, joint problems, blood pressure, anxiety, ongoing injuries etc). Also please note here any issues that may make you less able and in need of additional support (e.g. impaired vision, loss of digits etc). This information may be shared if an accident or incident occurs that requires assistance. **Do NOT leave blank**, write **NONE** if that is the case. If you require medication, such as for asthma, you should always bring it to club events

Do not leave blank. Please write NONE if that is the case

By submitting this form or emailing it to the club I agree that SSRC will not be liable for any injury or illness resulting from my participation in any club activity or event. I understand that participation in this club is entirely at my own risk and I should consult my own doctor if I am suffering from any condition that might make running injurious to my health. I understand that it is for me to decide whether or not I am fit to run and I should not expect a coach or club member to make this decision for me, though they may offer advice. I consent that the medical and support information that I have given may be shared with coaches and other parties who provide the club with assistance and information on health and safety or for the purposes of the delivery of my safe participation in club activity.

Section D: Emergency Contact Details - Please complete all fields (for completion by the Athlete)

Please complete the boxes below with details of who should be contacted in case of incident/accident

| | | | |
|------|--|-------|--|
| Name | | Phone | |
|------|--|-------|--|

Section E: Membership Fee Schedule for year April 2024 to March 2025 - Please mark one box only (for completion by the Athlete)

Please mark one box only. When we get your membership application form we will arrange for England Athletics to email you with instructions on how to pay by card. All payments are non-refundable

Our fees have to increase to £48 to cover more of our costs. Your Committee is also offering the option to those who find £48 a struggle, no questions asked, to pay a reduced fee of £25**. If £25 is still a bit too much for you, please do approach our Welfare Officers for help, see below *. We do not disclose the fee each member has paid. Of the amount you pay to the club, the club then pays £19 plus fees for every member to England Athletics at all times of the year, the balance going to our Club.

| | | | | | |
|---------------------------------|--|---|---|--|---|
| Existing members renewal £48 | New member joining between April 2024 and Sept 2024 inclusive £48 | New member joining between Oct 2024 and Dec 2024 inclusive £33 | New member joining between Jan 2025 and Mar 2025 inclusive £25 | Second Claim member renewing/joining anytime up to March 2025 £29 | **Renew existing first claim membership, supported fee £25 |
|---------------------------------|--|---|---|--|---|

Please mark one box only. This application form cannot be used to apply for our Beginners course - separate forms are provided.

* If you having difficulty in your membership fee, kit or race entry fees, would you like to be contacted confidentially by a Club Welfare Officer to see if help is available from our Bursary Fund? If so please mark this box. Alternatively email welfarefemale@saffronstriders.org.uk or welfaremale@saffronstriders.org.uk

Section F: Agreement - Please complete all fields (for completion by the Athlete)

By submitting this form I agree that I will abide by Club Constitution and Rules which can be found on the SSRC website. I also confirm that I have read and agree to The Code of Conduct for Athletes Privacy Statement, Insurance Statement and Photography Statement supplied to me on a separate document. If I do not have that document I can request one from membership@saffronstriders.org.uk

| | | | | |
|----------------------|--|---|------|------------|
| Signature of Athlete | | Please type your name in the 'Signature' box, there is no need to scan a real signature | Date | dd/mm/yyyy |
|----------------------|--|---|------|------------|

Please email your completed form as an attachment to membership@saffronstriders.org.uk
After completing your form please remember to save it before sending the saved copy as an attachment to your email (to avoid sending a blank). Thanks!